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Home Care Assistance to Host Next Webinar in Healthy Longevity Series

As part of an ongoing commitment to community education around topics related to Alzheimer's and dementia care, Home Care Assistance is hosting a public webinar led by Claire Webster on Wednesday, July 31st at 10 AM Pacific, 1 PM Eastern

(Fort Lauderdale, FL – June 28, 2019) [Home Care Assistance of Ft. Lauderdale](#), the leading provider of in-home senior care, is excited to announce the next webinar in its widely acclaimed [Healthy Longevity Series](#), “A Caregiver’s Crosswalk to Navigate the Journey of Dementia,” led by Claire Webster, Certified Alzheimer Care Consultant (PAC) and Certified Professional Consultant on Aging (CPCA). The webinar will be held on Wednesday, July 31st at 10:00 AM Pacific, 1:00 PM Eastern. The presenter will reserve the last 15 minutes of the webinar for a Q&A session, so we encourage webinar attendees to come prepared with questions. **Space is limited**, so make sure to reserve your seat as soon as possible by registering here: <https://homecareassistance.com/caregivers-crosswalk>.

On this webinar, attendees will learn:

- How to balance work-life responsibilities
- How to manage the care needs of a loved one with dementia
- How to avoid caregiver burnout

“More and more family members are taking care of loved ones with dementia. It has thus become increasingly important for expert providers to offer educational resources on being a caregiver,” said Manpreet Dhalla, Owner of Home Care Assistance of Ft. Lauderdale. “I’m proud to be a part of an organization that continues to be on the forefront of high-quality care.”

Claire Webster shares a passion for guiding and supporting those providing care to their loved ones affected by forms of dementia. In collaboration with McGill University’s Faculty of Medicine, Claire works to develop and facilitate dementia education workshops for family caregivers, health care professionals and medical students. Through her work, she has been able to develop a set of coping techniques for caregivers to practice and embrace through the unique challenges that dementia presents. Because of her

personal experience as a former caregiver for an aging parent, Claire is able to offer mentorship to those who seek self-guidance and perspective through the caregiving journey.

The upcoming webinar is part of Home Care Assistance's widely acclaimed [Healthy Longevity Webinar Series](#), which has featured experts in a wide range of health and wellness-related fields. Past speakers include Dr. Gary Small, a *New York Times* best-selling author and expert in brain health, renowned cardiologists Drs. Marc Gillinov and Steven Nissen from the Cleveland Clinic and Head of the Cleveland Clinic's Stroke Program Dr. Shazam Hussain, among others.

For more information about Home Care Assistance, visit www.HomeCareAssistanceFTLauderdale.com or call 954-909-0370 at any time. Home Care Assistance of FT Lauderdale is located at 5975 N Federal Highway, Ste 124, Fort Lauderdale, FL.

ABOUT HOME CARE ASSISTANCE

[Home Care Assistance](#) is the leading provider of home care for seniors across the United States, Canada and Australia. Our mission is to change the way the world ages. We provide older adults with quality care that enables them to live happier, healthier lives at home. Our services are distinguished by the caliber of our caregivers, the responsiveness of our staff and our expertise in daily care. We embrace a positive, balanced approach to aging centered on the evolving needs of older adults. A 2018 Franchise500®, Inc. 5000 Company and one of the [50 fastest growing women-owned companies worldwide in 2016](#), Home Care Assistance has received numerous industry awards including Entrepreneur's Fastest-Growing Franchises and Franchise Business Review's Top 50. The company was recognized as a [2019 Endorsed National Provider](#) by the home care industry's leading research firm, Home Care Pulse. Home Care Assistance CEO Lily Sarafan was also named Health Care Executives' [2016 Woman of the Year](#). For more information about Home Care Assistance, our services and franchise opportunities, visit www.homecareassistance.com.