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Home Care Assistance to Host Next Webinar in Wellspan Webinar Series

As part of an ongoing commitment to community education around topics related to Alzheimer's and dementia care, Home Care Assistance is hosting a public webinar led by Rick Lauber on Friday, November 15th at 1 PM Eastern

(Fort Lauderdale, FL – November 1, 2019) [Home Care Assistance of Ft. Lauderdale](#), the leading provider of in-home senior care, is excited to announce the next webinar in its widely acclaimed [Wellspan Webinar Series](#), “*Coping Through the Holidays*,” led by Rick Lauber, author and former caregiver. The webinar will be held on Friday, November 15th, 2019 at 1pm Eastern Time. The presenter will reserve the last 15 minutes of the webinar for a Q&A session, so we encourage webinar attendees to come prepared with questions. **Space is limited**, so make sure to reserve your seat as soon as possible by registering here: <https://homecareassistance.com/coping-through-the-holidays>. **On this webinar, attendees will learn how to:**

- Reduce seasonal stress
- Adapt holiday expectations
- Brainstorm creative gift ideas

“This time of the year can be stressful for families balancing caregiving and holiday-related tasks,” said Manpreet Dhalla, Owner of Home Care Assistance of Ft. Lauderdale. “At Home Care Assistance, we hope to continually provide education and resources for those in need of support and advice at all times.”

Rick Lauber was previously a caregiver for his aging parents who were diagnosed with Parkinson's, Leukemia, and Alzheimer's disease. He was able to navigate through the challenges that many caregivers endure and experience while providing care. Through this process, he used to write as a coping mechanism and decided to share his experiences through two books: [Caregiver's Guide for Canadians](#) and [The Successful Caregiver's Guide](#).

For more information about Home Care Assistance, visit www.HomeCareAssistanceFTLauderdale.com or call 954-909-0370 at any time. Home Care Assistance of FT Lauderdale is located at 5975 N Federal Highway, Ste 124, Fort Lauderdale, FL.

ABOUT HOME CARE ASSISTANCE

Home Care Assistance is the leading consumer health company in the in-home care industry with nearly 10,000 champions of aging well serving older adults across North America. The Company is recognized for its precision wellness and cognitive health platform and integrated partnerships with premier healthcare organizations. HCA is the official caregiving partner of the Women's Alzheimer's Movement and producer of an award-winning healthy longevity book series. For more information, visit homecareassistance.com.