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Home Care Assistance of Ft. Lauderdale proud to help host Inaugural World Alzheimer's Day Virtual Convention

Event was designed to raise awareness on the disease

(Fort Lauderdale, FL – September 23, 2020) [Home Care Assistance of Ft. Lauderdale](#), the area's leading agency for in-home senior care, helped host "The World Alzheimer's Day Virtual Convention: Empower, Engage and Enhance the Mind," a half day virtual conference on World Alzheimer's Day on September 21st. Watch the recording [here!](#)

Globally, nearly 50 million people are living with Alzheimer's or other forms of dementia. Home Care Assistance is passionate about introducing and promoting prevention methods, tools, and techniques to combat the disease. Six experts lead sessions on a range of topics that included Alzheimer's research, prevention methods, and promoting cognitive health:

- **Live Mind Fit Series** with Michelle Wile, Mind Fit Facilitator for Home Care Assistance
- **The Impact of Social Connectivity on the Brain** with Dr. William C. Mobley, Professor and Chair of Neurosciences at University of California San Diego
- **Learn how to make three new brain-healthy dishes in an interactive cooking class** with Leslie Myers Home Care Assistance Executive Chef and Chef-owner of Foodsense, Now
- **The State of Alzheimer's Disease and Prevention Methods** with Dr. Richard Issacson, Director of the Alzheimer's Prevention Clinic, Weill Cornell Memory Disorders Program and Erin Stein, Executive Director of the Women's Alzheimer's Movement
- **How to Boost Your Brain Health** with Dr. Rhonna Shatz, Director of the Memory Disorders Clinic at University of Cincinnati

"I'm proud to be part of an organization that is committed to being a resource and expert to fight this terrible disease," said Manpreet Dhalla, Owner and President of Home Care Assistance of Ft. Lauderdale. "We hope these educational events can help families better care for their loved ones."

Pease visit www.HomeCareAssistanceFTLauderdale.com or call 954-909-0370 any time. Feel free to drop by our office at 5975 N Federal Highway, Ste.124, Fort Lauderdale, FL.

About Home Care Assistance

Home Care Assistance is the leading consumer health company in the in-home care industry with nearly 10,000 care champions, serving older adults across North America. The Company is recognized for its precision wellness and cognitive health platform and integrated partnerships with premier healthcare organizations. HCA is the official caregiving partner of the Women's Alzheimer's Movement and producer of an award-winning healthy longevity book series.